## PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION

Our PSHCE teaching helps children to learn how to live as kind, tolerant members of our diverse community, including by building positive relationships with others and by making a positive contribution to society. It gives them an understanding of how to keep themselves safe and both physically and mentally healthy, and of where and how to seek help if they are worried about themselves or someone else. The aim is that they leave us as happy, resilient, respectful young people who are well prepared for secondary school and beyond.

Many of the issues discussed in PSHCE are addressed in other curriculum subjects, in assemblies and in our wider school life. Alongside the topics identified below, time is left in the scheme of work to allow children to discuss with their teachers and classes issues and events in the community and in the wider world.

	Welcome Week	Topic 1	Topic 2	Topic 3	Topic 4	Topic 5
Year	Our school values	Being the best we	Feelings	Relationships	Staying healthy	Staying safe
1		can be				
Year	Rules and routines	Relationships and	Growing up	Staying healthy	Staying safe	Our diverse
2	for a happy and	feelings				community
Year	successful year	The government,	People who have	Courtesy	Staying safe	Growing up and
3		democracy and the	changed the world			careers
	Feelings,	rule of law				
Year	disagreements and	The government,	People who have	Communicating	Healthy eating	Our diverse
4	goals	democracy and the	changed the world			community
		rule of law				
Year	Respecting	The government,	Financial literacy	First aid	Staying physically	Growing up and
5	ourselves and	democracy and the			and mentally	changes
	others, including	rule of law			healthy	
Year	friendship and	The media and	Current me and	People who have	Staying physically	Growing up and
6	privacy	social media	future me	changed the world	and mentally	changes
					healthy	