## PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION

Our PSHCE teaching helps children to learn how to live as kind, tolerant members of our diverse community, including by building positive relationships with others and by making a positive contribution to society. It gives them an understanding of how to keep themselves safe and both physically and mentally healthy, and of where and how to seek help if they are worried about themselves or someone else. The aim is that they leave us as happy, resilient, respectful young people who are well prepared for secondary school and beyond.

Many of the issues discussed in PSHCE are addressed in other curriculum subjects, in assemblies and in our wider school life. Alongside the topics identified below, time is left in the scheme of work to allow children to discuss with their teachers and classes issues and events in the community and in the wider world.

|  | Welcome Week | Topic 1 | Topic 2 | Topic 3 | Topic 4 | Topic 5 |
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| Year 1 | Our school values | Being the best we can be | Feelings | Relationships | Staying healthy | Staying safe |
| $\begin{gathered} \text { Year } \\ 2 \end{gathered}$ | Rules and routines for a happy and successful year <br> Feelings, disagreements and goals | Relationships and feelings | Growing up | Staying healthy | Staying safe | Our diverse community |
| $\begin{gathered} \text { Year } \\ 3 \end{gathered}$ |  | The government, democracy and the rule of law | People who have changed the world | Courtesy | Staying safe | Growing up and careers |
| $\begin{gathered} \text { Year } \\ 4 \end{gathered}$ |  | The government, democracy and the rule of law | People who have changed the world | Communicating | Healthy eating | Our diverse community |
| $\begin{gathered} \text { Year } \\ 5 \end{gathered}$ | Respecting ourselves and others, including | The government, democracy and the rule of law | Financial literacy | First aid | Staying physically and mentally healthy | Growing up and changes |
| $\begin{gathered} \text { Year } \\ 6 \end{gathered}$ | friendship and privacy | The media and social media | Current me and future me | People who have changed the world | Staying physically and mentally healthy | Growing up and changes |

